

Lent Calendar Of Scripture Readings For 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tools for Lent .. PrayerHoly ScriptureLectio DivinaAlmsgivingFasting Acts of mercy Sacrament of ReconciliationEucharist			Feb 25 Ash Wednesday Psalms am 95, 32, 143 pm 102, 130 Amos 5.6-15 Heb 12. 1-14 Luke 18.9-14	Feb 26 Psalms am. 37.1-18 pm377.19-42 Hab 3.1-18 Phil 3.12-21 John 17.1-8	Feb 27 Psalms am 95, 31 pm 35 Eze 18.1-4, 25-32 Phil 4.1-9, John 17.9-19	Feb 28 Psalms am 30 32 pm 42, 43 Eze 39.21-29, Phil 4.10-20, John 17.20-26
Feb 29 Psalms am 63, 98 pm. 103 Dan 9.3-10, Heb 2.10-18 John 12.44-50	March 1 Psalms am 41, 52 pm 44 Gen 37.1-11 1 Cor 1.1-19 Mark 1.1-13	March 2 Psalms am 45 pm 47, 48 Gen 37.12-24 1Cor 1.20-31 Mark 1.14-28	March 3 Psalms am119.49-72 pm 49,53 Gen 37.25-36 1Cor 2.1-13 Mark 1.29-45	Mar 4 Psalms am 50, 59, 6, pm 19,46 Gen 39.1-23 1Cor2.14- 3.15 Mark 2.1-12	Mar 5 Psalms am 40, 54, pm 51, Gen 40.1-13 1Cor 3.16-23 Mark 2.13-22	Mar 6 Psalms am 55, pm 138, 139 Gen 41.1-13 1Cor 4.1-7 Mark2.23-3.6
Mar 7 Psalms am 24, 29, pm 8, 84 Gen 41.14-45 Rom 6.3-14 John 5.19-24	Mar 8 Psalms am 56, 57, 58 pm 64, 65 Gen 41.46-57 1Cor 4.8-21 Mark3.7-19a	March 9 Psalms am 61, 62 pm 68 Gen 42.1-17 1 Cor 5.1-8 Mark 3.19b-35	March 10 Psalms am 72 pm 119.73-96 Gen 42.18-28 1Cor 5.6-6.8 Mark 4.1-20	March 11 Psalms am 70, 71 pm 74 Gen 42.29- 38 1Cor 6.12-30 Mark 4.21-34	March 12 Psalms am 69 pm 73 Gen 43.1-15 1Cor 7.1-9 Mark 4.35-41	March 13 Psalms am 75, 76 pm 23, 27 Gen 43.16-34 1Cor 7.10-24 Mark 5.1-20
March 14 Psalms am 93, 96 pm 34	March 15 Psalms am 80 pm 77, 79	March 16 Psalms am 78.1-39 pm 78.40-72	March 17 Psalms am119.97-120 pm 81, 82	March 18 Psalms am 42, 43 pm 85, 86	March 19 Psalms am 88 pm 91, 92	March 20 Psalms am 87, 90 pm 136

Gen 44.1-17 John 5.25-29	Gen 44.18-34 1Cor 7.25-31 Mark 5.21-43	Gen 45.1-15 1Cor 7.32-40 Mark 6.1-13	Gen 45.16-28 1Cor 8.1-13 Mark 6.13-29	Gen 46.28-34 1 Cor 9.1-15 Mark 6.30-46	Gen 47.1-26 1Cor 9.16-27 Mark 6.47-56	Gen47.27-48.7 1Cor 10.1-13 Mark 7.1-23
March 21	March 22	March 23	March 24	March 25	March 26	March 27
Psalms am 66, 67 pm 19, 46 Gen 48.8-22 Rom 8.11-25 John 6.27-40	Psalms am 89.1-18 pm 89.19-53 Gen 49.1-28 1Cor 10.14-11.1 Mark 7.24-37	Psalms am 97,99,110 pm 94,95 Gen 49.29-50.14 1Cor 11.17-34 Mark 8.1-10	Psalms am 101, 109 pm 119.121-144 Gen 50.15-26 1Cor 12.1-11 Mark 8.11-26	Psalms am 69 pm 73 Exod 1.6-22 1Cor 12.12-26 Mark 8.27-9.1	Psalms am 107.1-32 pm107.33-43 Exod 1.1-22 1Cor 12.27-13.3 Mark 9.2-13	Psalms am 102, 108 pm 33 Exod 2.23-3.15 1Cor 13.1-13 Mark 9.14-29
March 28	March 29	March 30	March 31	April 1	April 2	April 3
Psalms am 118 pm 145 Exod 3.16-4,12 Rom 12.1-12 John 8.46-59	Psalms am 31 pm 35 Exod 4.10-31 1Cor 14.1-19 Mark 9.30-41	Psalms am 121,122,123 pm 124,125,126 Exod 5.1-6.1 1Cor 14,20-40 Mark 8,42-50	Psalms am 119.145-176 pm 128,129,130 Exod 7.8-24 2Cor 2.14-3.6 Mark 10.1-16	Psalms am 131,132,133 pm 140.142 Exod 7.,25-8.19 2Cor3.7-18 Mark 10.17-31	Psalms am 22 pm 141, 143 Exod 9.13-35 2Cor 4.1-12 Mark 10.32-45	Psalms am 137, 144 pm 42, 43 Exod 10.21-11.8 2Cor 4.13-18 Mark 10.46-52
April 4	April 5	April 6	April 7	April 8	April 9	April 10
Psalms am 24, 29 pm 103 am Zech 9.9-12 pmZech 12.9-13.9 1 Tim 6.12-16 Luke 19.41-48	Psalms am 51 pm 69.1-23 Lam 1.1-12 2Cor 1,1-7 Mark 11.12-25	Psalms am 6, 12 pm 94 Lam 1.17-22 2Cor 1.8-22 Mark 11.27-33	Psalms am 55 pm 74 Lam 2.1-9 2Cor 1.23-2.11 Mark 12.1-11	Psalms am 102 pm 142, 143 Lam 2.10-18 1Cor 10.14-17, 1Cor 11.27-32 Mark 14.12-25	Psalms am 95, 22 pm 40, 54 Lam 3.1-9, 19-33 1Pet1.10-20 am Jn 13.36-38 pm Jn 19.38-42	Psalms am 95, 88 pm 27 Lam 3.37-58 am Heb4.1-16 pm Rom 8.1-11

April 11						
Happy Easter!!!						
The Lord is Risen!!!						

TRADITIONAL LENTEN DISCIPLINES

Fasting & Abstinence: Catholics of age 14 and older abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals each day.

Prayer: Catholics are encouraged to pray more during Lent, especially with Scripture. Lent is also an ideal time to receive the Sacrament of Reconciliation in preparation for the celebration of Christ's Passion, Death and Resurrection.

Almsgiving: Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more upon God's abundant grace.
